



## [Program with Dr. Vijith Sasidhar 2015](#) *For Continued Education (bijscholing/nascholing)*

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### [Advanced seminars with Dr. Vijith – May 2015](#)

These seminars are for advanced students and continued education for former students, practitioners and anyone who wants to get acquainted with Dr. Vijith's advanced clinical training.

- **16/17 May:** 'Dosha Upakrama – fundamental guidelines for the treatment of Vata, Pitta, Kapha in clinical practice' -Location: Babaji Ashram, Loenen; Price: €180-
  - **18/19 May:** 'The practical use of some key South Indian ayurvedic complex preparations' (available in The Netherlands) -Location: Holisan, Lelystad; Price: FREE; Registration through Holisan's website only-
  - **30/31 May:** 'Clinical Assessment in Practice – guidelines on step-by-step assessment of your clients/patients; with live examples' -Location: check our website; Price: €180-
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### [Dinacharya Retreat with Dr. Vijith, Dr. Vidya and team – 22 till 26 May 2015](#)

*Daily routine, all aspects of Dinacharya and Abhyanga - beginners level*

This is a special chance to deepen your own experience of Ayurvedic treatment and learn to apply them directly in your practice. This 4-day retreat is a perfect addition for anyone who has started on his or her path of Ayurveda and is ready for getting introduced to the classical text in a very practical way. Theory will be paired with plenty of practical applications of the learned!

**Location: Babaji Ashram Loenen; Price: €450 excl. R&B ashram**

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*"Dr. Vijith Sasidhar (vaidya), after acquiring his graduation in Ayurveda decided to go in for the traditional learning and the result has been a fine practitioner who is not ready to be constrained under the shackles of orthodoxy and embraces the universality of the science in its true sense. Dr. Vijith has also worked on several path breaking research programs in one of the best research institutions in India. Of late, he has been on a pursuit of designing innovative practice methods for meeting the demands of a rapidly changing world. Dr. Vijith has recently been acknowledged by senior well known vaidya's as one of the most promising young physicians and teachers in authentic ayurvedic practice in South India."*



### [Consultations Dr. Vijith and/or Dr. Vidya](#)

Dr. Vijith also gives consultations during his 3-week stay in May in The Netherlands (Location: Arnhem) This year Dr. Vidya gives special consultations for women about gynaecological complaints

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For detailed information and registration, or to book a consultation, go to:

**[www.ayurvedicstudies.nl](http://www.ayurvedicstudies.nl)**

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